

SUMMER BACKPACKING EQUIPMENT LIST

Keep Handy (on top)

Snack Foods

Toilet Paper (small amount in baggie), Spade

Flashlight-Fresh batteries installed

Small First-aid kit

Map and Compass

Water- 1 quart (can filter more on the trail)

Pocket Knife

Sunscreen and lip balm

Notebook and Pencil

Sunglasses

Matches-In waterproof container

Backpack-bring large trash bag or rain cover

Sleeping Bag (32 degree is adequate)-In waterproof bag

Sleeping Pad

“zip off” hiking pants preferred OR Long Pants & Shorts (wear one for hike in)

Tee Shirt & long Sleeve Shirt

Extra Socks & Underwear

Long Underwear (light weight polypro top & bottom)

NO COTTON CLOTHING

Wool Sweater or Fleece Jacket

Rain Jacket or Poncho

1 qt. Pot

Cup and or mess kit

Spoon

Camping Food

1 oz Dish soap, Sponge, washcloth

Tent (share with tent mate)

Stocking Cap & light Gloves

Hat

Toiletries:

Tooth cleaning gear

Small bar soap

30' Parachute Cord and carabiner (to hang food)

Extras:

Camera

Playing cards

Bug Repellent

Stove (provided by troop)

Water Filter (provided by troop)

2 feet duct tape rolled on waterbottle for repairs